Meditation Class

a human beings centre of feeling
responds to love like a flower
opens to the morning sun
get in touch with your
universal life force
the source of life
and love within

O'Donovan's Hotel

44/45 Pearse Street
Clonakilty, Cork, P85 V205

Every Friday, 10:00AM

Join Jaananda for truth talk and 60 minute guided Meditation Class. Learn simple self healing through universal life force energy meditation techniques.

Limited seating. Cost: €10 per class
Register at kriyasamadhiyoga.com or use QR Code to reserve your place