Meditation Class

a human beings centre of feeling
responds to love like a flower
opens to the morning sun
get in touch with your
universal life force
the source of life
and love within

Dervish Holistic Shop

50 Cornmarket Street, 3rd Floor
Cork City Centre T12 X276

Sundays, 7:30PM

Join Jaananda for a 90 minute truth talk and guided Meditation Class. Learn simple self healing through universal life force energy meditation techniques.

Limited seating. 6 Week Course, €90.
Drop In Class Available, Use QR Code to Register at kriyasamadhiyoga.com